

**APPOINTMENT OF A SERVICE PROVIDER
TO EMPLOYEE WELLNESS PROGRAMME
FOR A PERIOD OF THREE (03) YEARS
FOR THE RAILWAY SAFETY REGULATOR**

**ANNEXURE A
Pricing Schedule**

PRICING SCHEDULE

ACTIVITIES	COST PER YEAR			TOTAL (over 3 YEARS)
	Year 1	Year 2	Year 3	
EMPLOYEE ASSISTANCE PROGRAM				
<ul style="list-style-type: none"> • Medical and Counselling Call Centre both Online and Face-to-Face counselling), to be available 24 hours on daily basis. • Critical Incident Stress Debriefing (Trauma Counselling), • Financial Counselling Services, • Psychosocial counselling, • Poor Work performance counselling, • Develop, implement, and monitor employee wellness health risk assessment through structured interventions, • Legal Counselling Service (Not Legal representation but advise) • Personal Development and Planning Counselling services (Provide advise only for personal development and growth) • Health and Wellness Activities, <ul style="list-style-type: none"> ○ Body Wellness (Fitness), ○ 360° Health and Wellness Assessment, (focus on lifestyle associated and prevalent illnesses) ○ Lifestyle Cycle Programmes, • Absenteeism and Presentism Management (Line Management support), • Online Advisory services and online health Services (Online Wellbeing information Portal and information access), 	165 employees +50 dependents	165 employees +60 dependents	165 employees +70 dependents	



ACTIVITIES	COST PER YEAR			TOTAL (over 3 YEARS)
	Year 1	Year 2	Year 3	
<ul style="list-style-type: none"> Psycho-social and physical health education and awareness, (to be offered quarterly per region/office) virtually or face to face. 				
TOTAL- EAP				
WELLNESS ACTIVITIES (quotation to include the cost of the activity as well as the facilitation costs)				
Head Office, Central Region and Mpumalanga Region	137 pax Amazing race activity	137 pax Hiking	137 pax survivor activity	Provide quote per person
Coastal Region	13 pax Amazing race activity	13 pax Hiking	13 pax survivor activity	Provide quote per person
Eastern Region	15 pax Amazing race activity	15 pax Hiking	15 pax survivor activity	Provide quote per person
TOTAL- WELLNESS ACTIVITIES				
TOTAL- Excluding VAT				
VAT @ 15% (IF APPLICABLE)				
Grand Total				